Individual, Couples & Family Therapy

## **CLIENT INFORMATION-PARENTS**

DATE:			
1) PARENT NAME:			
DATE OF BIRTH:	GENDER:	MALE	FEMALE
ADDRESS:			
PHONE:			_
OKAY TO LEAVE A MESSAGE? YES NO OKAY TO SEN	D A TEXT (see j	oractice policies)	? yes no
EMAIL:			
OKAY TO SEND AN EMAIL (see practice policies)? YES NO			
HOW DO YOU PREFER TO BE CONTACTED?			
OCCUPATION:			
EMPLOYER:			
<b>2)</b> PARENT NAME:			
DATE OF BIRTH:	GENDER:	MALE	FEMALE
ADDRESS:			
PHONE:			
OKAY TO LEAVE A MESSAGE? YES NO OKAY TO SEN	D A TEXT (see j	oractice policies)	? yes no
EMAIL:			
OKAY TO SEND AN EMAIL (see practice policies)? YES NO			
HOW DO YOU PREFER TO BE CONTACTED?			
OCCUPATION:			
EMPLOYER:			

WHO REFERRED YOU?

CHILD'S NAME:						
DATE OF BIRTH:		GENDER:	MALE	FEMALE		
WHO DOES THE CHILD LIVE WITH?						
SCHOOL:		GR/	ADE:			
PLEASE LIST ALL CHILDREN IN THE HOME and/or RELATED TO CHILD:						
Name	Age	<u>Relationship</u>	2			

\_\_\_\_\_

\_\_\_\_\_

Please list the professionals who have been involved in working with your child.

\_\_\_\_

\_\_\_\_\_

	NAME	PHONE	ADDRESS
Diagnostician			
Psychiatrist			
Therapist			
Pediatrician			

Please indicate what types of support services your child has received in school. Indicate "P" for Past service or "C" for Currently receiving service.

Occupational Therapy \_\_\_\_\_ Resource Room \_\_\_\_\_ Speech Therapy \_\_\_\_\_

Physical Therapy\_\_\_\_\_ Other (Specify) \_\_\_\_\_

## **BEHAVIOR/MENTAL HEALTH**

Do you feel that this child exhibits any of the following symptoms <u>more often than is typical</u> for a child of his/her age? (Please put an "X" in front of any that apply)

Often touchy/easily annoyed	Often bullies/threatens	Often irritable
Often defies adult rules	Initiates physical fights	Changes in appetite
Often angry/resentful	Ever been arrested	Diminished interest
Often argues with adults	Physically cruel to others	Sleep problems
Often loses temper	Physically cruel to animals	Restlessness or slowed dowr
Blames others for mistakes	Difficulty maintaining friendships	Fatigued/low energy
Deliberately annoys	Destroys property	Feels worthless
Often spiteful/vindictive	Deliberately sets fires	Becomes tearful easily
Refuses to go to school	Lies often	Often sad
Repeated nightmares	Steals	Indecisive/can't think
Unusual fears	Has run away	Thinks about death
Panic attacks	Extreme mood swings	Talks about suicide
Self-conscious/clings	Does not show emotions	Hurts self
Excessive need for reassurance	Overreacts to touch/noise	Currently uses drugs
Somatic complaints (headache, stomach)	Strange or bizarre ideas	Used drugs in the past
Worry of future events	Gets upset by changes in routine	Currently drinks beer or alcohol
Repeats certain actions	Poor social interactions	Used beer or alcohol in past
Can't stop thinking about things	Self-injurious behavior	Excessive preoccupation wi objects or ideas
Motor or vocal tics		

Please place a check mark in the column which best describes the child:

		Not At All	Just A Little	Pretty Much	Very Much
1.	Often fails to give close attention to details or makes careless mistakes in schoolwork or other activities				
2.	Often has difficulty sustaining attention in tasks or play activities				
3.	Often does not seem to listen when spoken to directly				
4.	Often does not follow through on instructions and fails to finish schoolwork, or chores (not due to oppositional behavior failure to understand directions)				
5.	Often has difficulty organizing tasks and activities				
6.	Often avoids, dislikes or is reluctant to engage in tasks that require sustained mental effort (such as schoolwork or homework)				
7.	Often loses things necessary for tasks or activities (toys, school assignments, pencils, or books)				
8.	Is often easily distracted by extraneous stimuli				
9.	Is often forgetful in daily activities				
10.	Often fidgets with hands or feet or squirms in seat				
11.	Often leaves seat in classroom or in other situation in which remaining seated is expected				
12.	Often runs about or climbs excessively in situation where it is inappropriate (in adolescents, may be limited to subjective feelings of restlessness)				
13.	Often has difficulty playing or engaging in leisure activities quietly				
14.	Is often "on the go" or often acts as if "driven by a motor"				
15.	Often talks excessively				
16.	Often blurts out answers before questions have been completed				
17.	Often has difficulty waiting turn				
18.	Often interrupts or intrudes on others				

Listed below are areas of functioning that your child might find challenging. Please rate your child on a scale of 1 (representing no difficulty) to 5 (representing great difficulty) for each area. Once you have completed the rating, please place an "X" at the end of the 3 or 4 areas that you would most like to focus on as we start our work.

- 1. Ability to organize, prioritize and begin work
- 2. Ability to maintain focus, listen and shift focus as needed
- 3. Ability to sustain effort and pace of work as needed
- 4. Ability to manage frustrations/stress/anxiety/emotions
- 5. Ability to hold onto and recall information needed for short-term work
- 6. Ability to monitor and control impulsive behavior
- 7. Ability to handle social situations and develop friendships
- 8. Ability to advocate for self as needed
- 9. Ability to set realistic and reachable goals
- 10. (Other, please fill in)

Place an "X" in box of all that apply; and add an "X" in the box to the 3 or 4 most important to you.

Child more organized in school	Improve compliance
Child more organized at home	Participate in more / different activities
Improve child's study habits/ skills	Make new friends
Help child spend less time on homework	Exercise more
Improve parent/child relationships	Improve child's personal hygiene
Improve sibling relationships	Lose or gain weight
Eat healthier	Other:

What would you like me to know about your child?

What are your biggest concerns for your child?

